

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tamaryn Friderichs

Has successfully participated & completed the

10kmTRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

TIME 01:52:33

PACE 11:15/km

OVERALL 83 of 94

29 December 2018, Sat

Date

GENDER 36 of 45

OPEN 20 of 21



BoutTime

Signature